MercyHealthClinic

Quality Health Care from
the Heart for Those in Need

NEWS RELEASE
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MERCY HEALTH CLINIC HOSTS 2ND ANNUAL 5K RUN/WALK ON MAY 22ND

Giant Food sponsors race to benefit low-income uninsured residents of Montgomery County.

April 15, 2010

Gaithersburg, MD—Mercy Health Clinic supporters have a spring in their step as they make plans to participate in the 2nd Annual 5K Health Run/Walk on Saturday, May 22 in Rockville.

Grocery chain Giant Food is the primary sponsor for this annual event, which benefits low-income, uninsured residents of Montgomery County. In addition to generous gift cards for the race winners, Giant Food is also hosting nutrition and medication seminars for Clinic patients at three of its Montgomery County locations.

The race begins at 8:30 a.m. on Saturday, May 22 and follows a roughly circular and mostly flat course around the Shady Grove Hospital and Life Sciences Center campus and nearby professional buildings. In keeping with the healthy spirit of the Clinic, free blood pressure and blood sugar checks will be offered, as well as diet and nutrition information and exercise tips.

Runners of all ages are invited to participate and the race is USATF-sanctioned. Volunteers are also needed.

For more information and to register for the Mercy 5K Health Run, please visit www.mercyhealthclinic.org/race.php.

In 2009, Mercy Health Clinic treated 2,230 low-income, uninsured residents of Montgomery County. Established in 2000, the Clinic is among the larger free health clinics in Montgomery County. Fully qualified volunteer clinicians deliver a full spectrum of primary and specialty care, education, and pharmaceutical support to qualifying low-income residents. The Clinic occupies a modern, well-equipped facility in Gaithersburg near the Motor Vehicles Administration.

For more information, visit the Mercy Health Clinic website at www.mercyhealthclinic.org.

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