MercyHealthClinic

Quality Health Care from the Heart for Those in Need

2nd ANNUAL MERCY HEALTH CLINIC 5K RUN/WALK ATTRACTS 200 PARTICIPANTS

Local community turns out in force to join Giant Food in support of growing event benefiting low-income uninsured residents of Montgomery County.

May 26, 2010

Gaithersburg, MD—Mercy Health Clinic's 2nd annual 5K Health Run/Walk took place on May 22 around the campus of Shady Grove Adventist Hospital. Over 200 runners and walkers of all ages participated, easily doubling the number of participants from the inaugural event.

Grocery chain Giant Food was the primary sponsor for the growing event, providing generous gift cards for the race winners, and food and snacks for after race munching. In addition Giant Food is also hosting nutrition and medication seminars for Clinic patients at three of its Montgomery County stores.

In keeping with the healthy spirit of the Clinic, free blood pressure and blood sugar checks were offered, as well as diet and nutrition information and exercise tips.

"While this is billed as a race, everyone associated with this event is a winner, especially the people who rely on the Mercy Health Clinic as their primary source of quality healthcare," said Clinic Executive Director Dick Pavlin. "We owe a huge thank you to Giant Food and all the businesses, government agencies, and individuals who support the Clinic through this event and in numerous other ways during the year."

In 2009, Mercy Health Clinic treated 2,230 low-income, uninsured residents of Montgomery County. Established in 2000, the Clinic is among the larger free health clinics in Montgomery County. Fully qualified volunteer clinicians deliver a full spectrum of primary and specialty care, education, and pharmaceutical support to qualifying low-income residents. The Clinic occupies a modern, well-equipped facility in Gaithersburg near the Motor Vehicles Administration.

For more information, visit the Mercy Health Clinic website at www.mercyheatlhclinic.org.

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